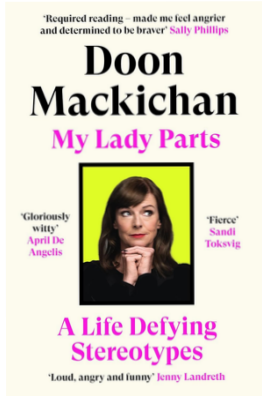




16 Days of Activism 16 Recommended Reads

Tackling Violence Against Women and Girls
in Scotland
25th November - 10th December

"The content of a book holds the power of education and it is with this power that we can shape our future and change lives" – Malala Yousafzai

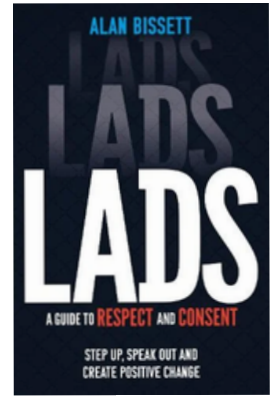


My Lady Parts: A Life Defying Stereotypes by Doon Mackichan

An honest insight into a woman's experience of working in a male dominated industry.

Lads: A Guide to Respect and Consent by Alan Bissett

A conversational, witty and non-accusatory guide for teenage boys, exploring relationships and behaviour.

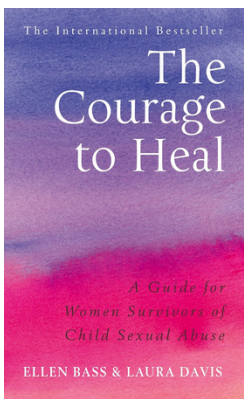
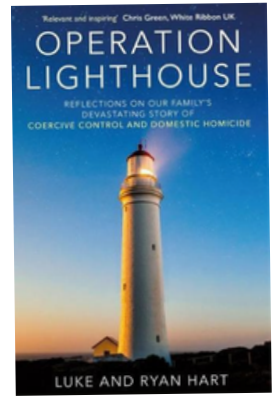


Weyward by Emilia Hart

A captivating, fictional, supernatural tale showing the injustices faced by women at three different points in time.

Operation Lighthouse: Reflections on our Family's Devastating Story of Coercive Control and Domestic Homicide by Luke and Ryan Hart

Included in the Mentors in Violence Prevention Training. Honest and harrowing.

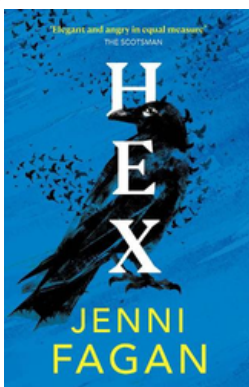
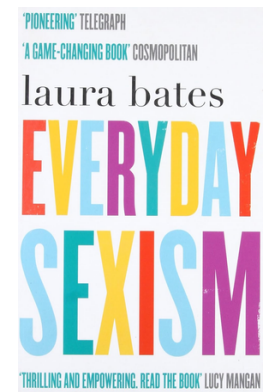


The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse by Ellen Bass and Laura Davis.

Offers hope, encouragement and practical advice to survivors. Answers some vital questions that survivors may have.

Everyday Sexism by Laura Bates

A pioneering examination of sexism in modern society.



Hex by Jenni Fagan

A cleverly woven reflection on how the terrible force of a king's violent crusade against ordinary women can still be felt, right up to the present day.

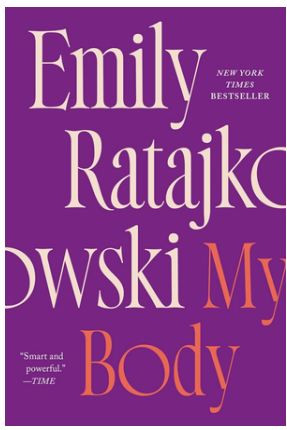
Unshame by Caroline Springs

A brilliant book for anyone who wants to make the journey from shame to unshamed, to help heal and resolve trauma-based shame.



UNSHAME
healing trauma-based shame through psychotherapy

CAROLYN SPRING
author of Recovery is my Best Revenge

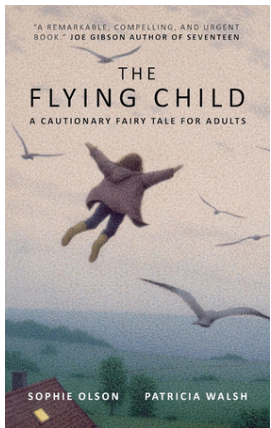
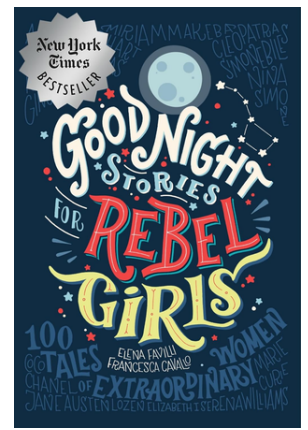


My Body by Emily Ratajkowski

A profoundly personal exploration of feminism, sexuality, and power, of men's treatment of women and women's rationalizations for accepting that treatment.

Good Night Stories for Rebel Girls by Elena Favilli and Francesca Cavallo

100 illustrated bedtime stories about the lives of extraordinary women from the past and the present.

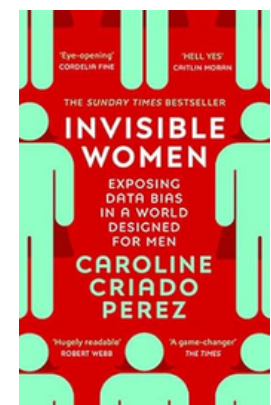
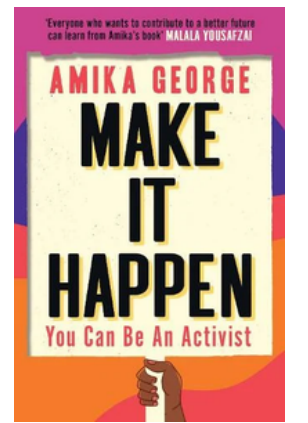


The Flying Child by Sophie Olson and Patricia Walsh.

A cautionary fairytale story for adults to help find a purposeful life after Childhood Sexual Abuse through compassion and creative therapy.

Make It Happen by Amika George

An inspirational guide to being an effective activist.

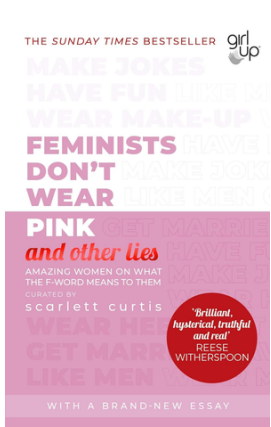


Invisible Women by Caroline Criado Perez

A deep dive into just how much the world is designed to benefit men - some of which will surprise you!

The Nightingale by Kristin Hannah

Captivating fiction that considers what it was like to be a woman during World War II when women's stories were all too often forgotten or overlooked.

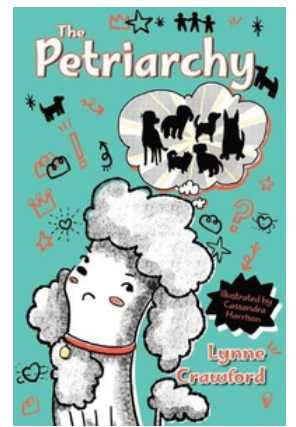


Feminists Don't Wear Pink (and other lies): Amazing women on what the F-word means to them by Scarlett Curtis

An inspiring selection of essays written by women from a variety of different backgrounds all working to define what feminism means to them.

The Petriarchy by Lynne Crawford

Highlights the social system of patriarchy in a way that kids can understand.



Compiled by Fife Violence Against Women Partnership for 16 Days of Activism Against Gender Based Violence 2024 www.fife.gov.uk/16days

Thanks to Waterstones Kirkcaldy and KASP for their contributions.